



# Hurworth Primary School PSHE Long Term Plan



	Block 1		Block 2		Block 3		Block 4		Block 5	Block 6
Reception	How do we behave in school?	How can we communicate online?	How can we make friends?	How can people be unkind online?	How do we keep our private parts safe? (NSPCC Pantosaurus)	Who keeps us safe and healthy?	What are the rules when using technology online or at school?	How can we learn to care for ourselves?		How can we prepare for change?
Year 1	How do we decide how to behave?	What information can I share online?	How do we feel?	How can we keep my information private online?	When do I talk to an adult? (Stranger Danger)	What makes us special?		How can we be kind online?	How can we be healthy?	How can we keep safe?
Year 2	How can we help ourselves and others?	How can we ask for and give consent online?	How do situations make us feel and what does bullying mean?	What rules should I follow when using technology independently?	When is it okay to keep a secret?	How do we keep ourselves safe and clean?	Who does content on the internet belong to?	What is the same and different about us?	How can we get money and what can we do with it?	How can we keep safe in different places?
Year 3	What are the rules that keep us safe?	What does identity mean online?	What are we responsible for?	What is appropriate behaviour online?	How do we set appropriate boundaries in friendships?	How can we stay safe online and when using social media?	How can we use the internet safely?	How can we look after our physical and mental health?	What can we do about bullying?	What jobs would we like to have?
Year 4	How can we have positive relationships?	How can we show respect to others online?	How do we grow and change?	How can we find reliable information online?	When is it appropriate to talk about our body parts?	What is diversity?	Can we use other people's online content?	How can we understand our feelings?	What makes us enterprising?	How can we keep safe in our local area?
Year 5	What does discrimination mean?	What is online bullying and how can we combat it?	How do we grow and change?	What data do we share online?	How can we deliver basic first aid?	What makes a community?	How can we be healthy online?	What are healthy choices?	How does finance impact on people's lives?	How can keep ourselves safe as we become more independent?
Year 6	What are our rights?	How can we create a positive online presence?	How do we grow and change?	How can we report online bullying?	Why is consent important?	What makes a healthy and happy relationship?	How can we manage our privacy and security online?	How can money affect us?	How can we stay healthy?	How can social media affect us?



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## Online Safety

	Block 1	Block 2	Block 3	Across the year
	Within computing slot	Within computing slot	Within PSHE slot	Within PSHE slot
Reception	How can we communicate online?	What does being unkind online mean?	What are the rules when using technology at home and at school?	
Year 1	What information can we share online?	How can we stay safe on the internet?	How can we be kind online?	
Year 2	How can we ask for and give consent online?	What rules should we follow when using technology independently?	Who does content on the internet belong to?	How can we stay safe in different places?
Year 3	What does identity mean online?	What is appropriate behaviour online?	How can we find balance when using technology?	How can we stay safe online and when using social media?
Year 4	How can we maintain safe and healthy relationships online?	How can we find reliable information online?	Can we use other people's online content?	
Year 5	What is online bullying and how can we combat it?	What data do we share online?	How can we be healthy online?	
Year 6	How can we create a positive online presence?	How can we address online bullying?	How can we manage our privacy and security online?	How can social media affect us?